

VEGGIE LOVERS HAVARTI SANDWICH

Adapted from Patricia Cobe, Editor, Restaurant Business magazine

Plain, Pesto or Peppadew™ Havarti are all tasty substitutions in this nutritious sandwich recipe.

Yield: 1 sandwich

method:

- Spread Neufchâtel and mayonnaise onto both slices of bread.
- Layer **Ostenborg® Dill Havarti**, avocado, tomato, lettuce, onion, sunflower seeds and sprouts onto 1 slice of bread.
- Top with remaining slice and serve.

ingredients:

- 2 slices artisan whole grain bread
- 2 tablespoons Neufchâtel
- 1 tablespoon light mayonnaise
- 2 slices **Ostenborg® Dill Havarti**
- ½ avocado, thinly sliced
- 2 slices tomato
- 1 leaf romaine lettuce, washed and dried
- 3 - 4 slices yellow onion
- 1 teaspoon sunflower seeds
- ¼ cup alfalfa sprouts

